

Good morning North High School!

Date: Monday, September 13, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - Sloppy Joe

**Cheesy Garlic French Bread

**Buffalo Style Chicken Munchins

*Golden Corn

*Baked French Fries

Weather – High of 86 and sunny.

Good News!

Congratulations to the Viking XC team for a great showing at the Central Invite on Saturday! Molly Burk placed 9th in the JV girls race and Logan Coleman placed 13th in the JV boys. Lifetime PR's were set by Logan Coleman, Lore Reick, Isaac Avila-Fuertes, Liam Keese, Jack Anderson, Garrett Riley, Garrett Potts, Hekima Muli, Bor Yor, Leo Preheim, Peter Sukstorf, Reggie York, Molly Burk, Emma Winter. Season PR's were set by Johnathan Riggins, Christian Cole, and Maecyn Sieborg The Vikings' next meet is this Thursday at the Harold Scott Invite in Lincoln. Go Vikings!

Homecoming results!

Parade

Door Décor

Congratulations to _____ and _____ your homecoming King and Queen for 2021. We appreciate all the effort and love our students put into decorations, participating, getting ready for and having a great parade, game, and dance, and I thank all of our teachers, administrators, custodians, secretaries, cafeteria staff, paras, and everyone involved in making homecoming 2021 a success. It's part of what makes North High the place to be.

Activities/Athletics today! –

6:00am- 7:00am [Swimming conditioning](#) WEIGHT ROOM

7:30am- 11:00am [College Visits - Bryson](#) 142

3:05pm- 5:00pm [Partnership for Our Kids](#) 165

[Softball: Varsity Game](#)

vs. Benson High School

5:00pm

@ Fontenelle Park

(Time Changed)

Also, remember that Open House is **Wednesday, September 15th 6-8pm**. There will be a College Fair in the Viking Center. Also, Douglas County will conduct a Vaccine Clinic outside matching the hours of Open House.

Students/Staff: We are welcomed to park in the gravel parking lot of the church but please do not park in the paved lot. They need access to that lot during the week. We know parking is tough but there have been a few

spots left in the main lots. The security team will begin providing warning to unauthorized cars in the coming weeks. Thank you for your cooperation.

Masks – students we are handing out a ton of blue masks. Students can also get black cloth masks from their Viking Time teacher. To cut down on waste and what we're putting in the landfill, please wear your black cloth masks.

Please enjoy Slam Poetry introduction on Tuesday, September 14th from 3:15 to 5:00 in Room 208. We will be honored to meet teaching artist/poet Traci Schacht and welcome her to our program this year.

Picture retakes will be in the afternoon of September 20th! Athletic photos are still on September 24th during normal practices.

The next Outdoor Club meeting will be afterschool, on Monday, September 13th in room 314. Meet in room 314 ready to work outside to get North sea shape and Viking ready

There will be boys basketball conditioning starting Wednesday 9/15 in the weight room at 3:15pm.

This week is National Security Officer Appreciation Week. We want to thank our security staff, Mr. Hill, Mr. Jameson, and Mr. Helm for all they do for us at North High – look for more specific announcements later this week.

V-up!

Good morning North High School!

Date: Tuesday, September 14, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - Macho Nachos

**Country Beef Cutlet Sandwich

**Not So Macho Nachos

**Chicken and Cheese Taquitos

*Green Beans *Refried Beans

*Fresh Lunch Bunch Grapes

Weather – Cloudy High of 76.

Good News!

Congrats to Softball with a 14-2 win over Benson!

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
9:00am	Golf: Girls Varsity Invitational	vs. Multiple Schools.. @ Miracle Hills Golf Course
12:21pm- 12:51pm	BSLC Meeting	070
3:05pm- 5:00pm	Partnership for Our Kids	165
3:15pm- 4:15pm	CRU	202
	Hackett	
3:15pm- 5:00pm	DEBATE PRACTICE	070
4:00pm	Tennis: Boys JV Match	vs. Omaha Northwest High School @ Fontenelle Park
4:00pm	Tennis: Boys Varsity Match	vs. Omaha Northwest High School @ Koch Tennis Center
4:30pm	Softball: JV Game	vs. Lincoln High @ Fontenelle Park
	(Cancelled)	
5:00pm	Softball: Varsity Game	vs. Lincoln High @ Fontenelle Park
	(Time Changed)	

6:00pm- 7:00pm [PTSO](#) HARVEY CONFERENCE CENTER/HADDIX CENTER more..

Will move from Haddix to Viking Center if needed

6:15pm [Football: Freshman Game](#) vs. Burke

Also, remember that Open House is [Wednesday, September 15th 6-8pm](#). There will be a College Fair in the Viking Center. Also, Douglas County will conduct a Vaccine Clinic outside matching the hours of Open House.

Students/Staff: We are welcomed to park in the gravel parking lot of the church but please do not park in the paved lot. They need access to that lot during the week. We know parking is tough but there have been a few spots left in the main lots. The security team will begin providing warning to unauthorized cars in the coming weeks. Thank you for your cooperation.

Masks – students we are handing out a ton of blue masks. Students can also get black cloth masks from their Viking Time teacher. To cut down on waste and what we’re putting in the landfill, please wear your black cloth masks.

Please enjoy Slam Poetry introduction on Tuesday, September 14th from 3:15 to 5:00 in Room 208. We will be honored to meet teaching artist/poet Traci Schacht and welcome her to our program this year.

Picture retakes will be on September 20th! We have about 400 students who’ve not been photographed. Athletic photos are still on September 24th during normal practices.

Girls' basketball conditioning will be held every Tuesday and Thursday from 3:10-4:30pm. Meet in the MPC. Contact Coach Dailey with any questions.

There will be boys basketball conditioning starting Wednesday 9/15 in the weight room at 3:15pm.

Tutoring! It’s tonight, tomorrow and Thursday. Don’t miss out on the best deal east of the Rockies and West of the Mississippi...free tutoring with some caring, funny, and passionate teachers! In the library from 3:15 to 5.

This week is National Security Officer Appreciation Week. Today we recognize Mr. Tra Helm. Mr. Helm has been at North High for about a year, and is a fabulous asset to our building. In his spare time, Mr. Helm likes to go fishing, which he started doing this year during the pandemic.

V-up!

Good morning North High School!

Date: Wednesday, September 15, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - *Hamburger

**Buffalo Grilled Chicken Sandwich

**Cheeseburger

**Chicken Alfredo with Penne Pasta

*Baked French Fries

Weather – Sunny High of 82.

Good News!

Viking Softball beat the Lincoln High Links 20-19 last night

Hannah Hausman 5-5 3 run Home Run 4RBI

Ella Holtzclaw 5-5 Double Triple 6RBI

LaBriyah Wells 3RBI

Sofia Acosta 2-5 Double Triple

Imani Butler 4-4 2RBI

Congratulations to the boys JV tennis team on their victory over Northwest

Singles victories by

Earnest Adjepond

Max Bolouvi

Theodore Jones

Daniel Ramos

along with a doubles victory by

Daniel Ramos/Tyrese Walker

Also a congratulations

to these varsity tennis players for their win against Northwest last night

Josh Bartsch

Andrew Bartsch

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
6:30am- 7:20am	Boys Basketball	MPC
7:30am- 11:00am	College Visits - Bryson	142
3:15pm- 4:45pm	Boy's Basketball	MPC CONCOURSE more..

	Conditioning	
3:15pm- 4:15pm	BSLC Meeting	070
	Softball: Varsity Game	vs. Omaha Northwest High School
5:00pm		@ Fontenelle Park
	(Time Changed)	
6:00pm- 8:00pm	OPEN HOUSE	ENTIRE BUILDING

TODAY IS THE DAY! Open House is **Wednesday, September 15th 6-8pm**. There will be a College Fair in the Viking Center. Also, Douglas County will conduct a Vaccine Clinic outside matching the hours of Open House.

Students/Staff: Please don't park in the paved lot at the Church to the West, and please be respectful of the property and people with your actions at the YMCA. They are also a smoke-free campus, and North-purchased parking passes do not apply at the Y. Police presence looks to increase in that area after school, as an FYI. We want to be good neighbors to everyone around us, and any North High student represents ALL North High students and staff in the choices you make and actions you take.

Masks – students we are handing out a ton of blue masks. Students can also get black cloth masks from their Viking Time teacher. To cut down on waste and what we're putting in the landfill, please wear your black cloth masks.

Picture retakes will be on September 20th! We have about 400 students who've not been photographed. Athletic photos are still on September 24th during normal practices. Block 1 will be Last Names A-D, Block 2 – last names E-K, Block 3 – last names L-R, Block 4 are last names S-Z. Teachers and Staff – don't forget to go get your picture taken as well! Check out the signs above the water fountains and scan the QR to sign up for retakes if you took your picture, but want another one done.

Girls' basketball conditioning will be held every Tuesday and Thursday from 3:10-4:30pm. Meet in the MPC. Contact Coach Dailey with any questions.

There will be boys basketball conditioning starting Wednesday 9/15 in the weight room at 3:15pm.

Tutoring! It's tonight, tomorrow and Thursday. Don't miss out on the best deal east of the Rockies and West of the Mississippi...free tutoring with some caring, funny, and passionate teachers! In the library from 3:15 to 5.

National Security Officer Appreciation Week continues as we salute Mr. Reginald Jamerson today! Mr. Jamerson has been at North High School for 5 years and can be found keeping things smooth on traffic duty, and on 2nd/3rd floor sweeping halls and answering calls. In his spare time, Mr. Jamerson loves to fish, is a DJ, and helps his bride deliver cakes for the Cake Gallery. A self-proclaimed "work-a-haulic", we appreciate all that Mr. Jamerson brings to North High every day!

Don't' forget to tune into our virtual assembly today with Dr. Nero at 9:30.

Dad Jokes

V-up!

Good morning North High School!

Date: Thursday, September 16, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - Popcorn Chicken Bowl

**BBQ Rib Sandwich

**Italian Falafel Sub

*Whipped Potatoes and Gravy

*Golden Corn

Weather – Sunny High of 91.

Good News!

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
7:30am- 11:00am	College Visits - Bryson	142
8:30am	Golf: Girls Varsity Invitational	vs. Multiple Schools.. @ Mahoney Golf Course
10:00am	Cross Country: JV Lincoln High Invitational	vs. Lincoln (High) @ Pioneer Park School
11:00am	Cross Country: Varsity Invitational	vs. Multiple Schools.. @ Pioneers Park
4:00pm- 6:00pm	Football	070
4:30pm	Volleyball: Girls JV Triangular	vs. Multiple Schools.. @ Bryan High School
	South v. North, Bryan v. North	
4:30pm	Volleyball: Girls Varsity Triangular	vs. Multiple Schools.. @ Bryan High School
	South v. North, Bryan v. North	
6:00pm- 7:30pm	Boy's Basketball	MPC

Students/Staff: Please don't park in the paved lot at the Church to the West, and please be respectful of the property and people with your actions at the YMCA. They are also a smoke-free campus, and North-purchased

parking passes do not apply at the Y. Police presence looks to increase in that area after school, as an FYI. We want to be good neighbors to everyone around us, and any North High student represents ALL North High students and staff in the choices you make and actions you take.

Masks – students we are handing out a ton of blue masks. Students can also get black cloth masks from their Viking Time teacher. To cut down on waste and what we're putting in the landfill, please wear your black cloth masks.

Picture retakes will be on September 20th! We have about 400 students who've not been photographed. Athletic photos are still on September 24th during normal practices. Block 1 will be Last Names A-D, Block 2 – last names E-K, Block 3 – last names L-R, Block 4 are last names S-Z. Teachers and Staff – don't forget to go get your picture taken as well! Check out the signs above the water fountains and scan the QR to sign up for retakes if you took your picture, but want another one done.

Seniors, it is time for college rep visits

Nebraska Wesleyan will be at north on 9/21. Come to the grc for a pass if interested in this college

Tutoring! It's tonight, tomorrow and Thursday. Don't miss out on the best deal east of the Rockies and West of the Mississippi...free tutoring with some caring, funny, and passionate teachers! In the library from 3:15 to 5.

National Security Officer Appreciation week continues as we salute Mr. Kelly Hill. Mr. Hill has served North High for 15 years in security. He knows most every person in our hallways, always has a way of helping out anyone he meets, and spends most of his time at our security desk greeting our community. He served in the US Army for 12 years in various states and countries. When not at North, Mr. Hill owns a Lawn Service business, and likes to go to the range to keep his skills sharp. Thank you for your service to North High and our country Mr. Hill!
V-up!

Good morning North High School!

Date: Thursday, September 17, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - Popcorn Chicken Bowl

**BBQ Rib Sandwich

**Italian Falafel Sub

*Whipped Potatoes and Gravy

*Golden Corn

Weather – Sunny High of 91.

Good News!

Congratulations to the Viking Cross Country team! Despite heat and a hilly course, the Viking harriers represented our school exceptionally well at the Harold Scott Invitational at Pioneer Park in Lincoln yesterday. Huge shout outs to Bor Yor, Alexander James, and Garrett Riley for beating the heat and setting new personal records despite the conditions! The Vikings' next meet is this Tuesday at Boys Town for the Creighton Prep invitational. Go Vikings!

Congrats to the Volleyball Team as they beat South and Bryan in their Triangular yesterday! Way to go and V-up!

Activities/Athletics:

In the Know!

Boys Soccer Conditioning will start on Monday the 20th for any athlete that is interested in playing Boys Soccer in the Spring. – see Mr. Alsaadi with questions on 2nd floor.

Hey class of 2022 remember that senior photos are due by Thanksgiving. Remember to have a simple background & head & shoulders. NO full body & NO hands. Make sure to keep the photo professional & school appropriate. Email northyearbook@ops.org.

Students/Staff: Please don't park in the paved lot at the Church to the West, and please be respectful of the property and people with your actions at the YMCA. They are also a smoke-free campus, and North-purchased parking passes do not apply at the Y. Police presence looks to increase in that area after school, as an FYI. We want to be good neighbors to everyone around us, and any North High student represents ALL North High students and staff in the choices you make and actions you take.

Picture retakes will be on September 20th! We have about 400 students who've not been photographed. Athletic photos are still on September 24th during normal practices. Block 1 will be Last Names A-D, Block 2 – last names E-K, Block 3 – last names L-R, Block 4 are last names S-Z. Teachers and Staff – don't forget to go get your picture taken as well! Check out the signs above the water fountains and scan the QR to sign up for retakes if you took your picture, but want another one done.

Seniors, it is time for college rep visits

Nebraska Wesleyan will be at north on 9/21. Come to the grc for a pass if interested in this college

OCTOBER ACT registration deadline is TODAY! Visit ACT.org or your counselor for more information. This is a great one for Juniors to take, and can be one of the last opportunities for seniors before scholarship time begins.

National Security Officer Appreciation week continues as we salute Mr. Hill, Mr. Jameson and Mr. Helm. Thank you gentlemen for all you do to keep our building safe, including directing traffic, watching cameras, responding to classroom calls, and just lending a helping hand around the building when the duty calls. We appreciate you!

Vikings remember that we have a strong tradition of excellence, high expectations for all students, and we as a staff are all here to support all students. Vikings are respectful, responsible, and accountable – and we want you to be mindful of how you represent your family. Be respectful of North High, and the tradition of excellence we are proud of. Students, be respectful of our teachers and exercise good judgement and use the knowledge of right and wrong to guide you to make good decisions. Remember what it means to be a Viking...come on now.

Funny Pun's

V-up!