

V-up! Good morning North High School!

Date: Monday, September 27, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - **Pizzeria Style Pepperoni Pizza**Buffalo Grilled Chicken Sandwich**Pizzeria Style Cheese Pizza*Pepped-Up Potatoe

Weather – Sunny and a High of 91

Good News!

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
7:30am- 11:00am	College Visits - Bryson	142
9:00am	Golf: Girls Varsity Invitational	vs. Multiple Schools.. @ Elmwood Golf Course
1:30pm	Cross Country: Varsity UNK High School Invitational	vs. University of Nebraska-Kearney @ Kearney Country Club
3:05pm- 5:00pm	Partnership for Our Kids	165
3:15pm- 4:45pm	Soccer	040
	Boys conditioning	
	Softball: JV Game	
4:30pm		vs. Ralston @ Fontenelle Park
	(Cancelled)	
	Softball: Varsity Game	
5:00pm		vs. Ralston @ Fontenelle Park
	(Time Changed)	

In the Know!

Boys' Basketball Conditioning is happening Wednesday's in the weight room after school. See you there!

Girls Basketball conditioning Tuesday's and Thursday's after school.

No school on Friday this week. Teachers have a curriculum day and will be in training.

The first DECA and FBLA meeting will be on Thursday the 30th right after school in room 207. The meeting will last about 30 minutes. Anyone interested in anything business, show up!

College visits this week:

Wednesday Sept 29th Wayne State College 9:30 am. Please sign up in the GRC

V-up!

V-up! Good morning North High School!

Date: Tuesday, September 28, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - **Crispy Chicken Sandwich*Mac & Cheese with *Shrimp Poppers and a *Tea Roll**Spicy Chicken Sandwich*Green Beans
*Fresh Lunch Bunch Grapes

Weather – Sunny high of 87 today.

Good News!

Congratulations to the Viking Cross Country teams for an excellent showing at the boiling hot UNK Invite yesterday in Kearney. Special kudos go to Zane Reick who beat the heat by setting a season PR in his first varsity race of the season. The Viking Cross Country Team will next compete this Friday at Walnut Grove Park in the Millard West Invite. Please come and cheer on North Cross Country beginning at 3pm. Go Vikings!

Activities/Athletics:

Tuesday, September 28, 2021

Time	Event	Details
6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
6:30am- 7:20am	Boys Basketball	MPC
7:00am- 8:00am	Meeting	HARVEY CONFERENCE CENTER/HADDIX CENTER
	Freshman Advisory Board Meeting	
7:00am- 7:30am	student council	070
7:30am- 11:00am	College Visits - Bryson	142
9:00am	Golf: Girls Varsity Metro	vs. Multiple Schools.. @ Elmwood Golf Course
12:21pm- 12:51pm	BSLC Meeting	070
2:00pm- 5:00pm	Flu shot	Viking Center
3:15pm- 4:15pm	CRU	202
	Hackett	
3:15pm- 5:00pm	DEBATE PRACTICE	070
3:15pm- 4:30pm	Girl Basketball	MPC more..
	Conditioning	

Time	Event	Details
3:15pm- 5:00pm	Poetry	208
	Softball: JV Game	vs. Douglas County West
5:00pm		@ Douglas County West
	(Cancelled)	
		vs. Douglas County West
6:30pm	Softball: Varsity Game	@ Douglas County West

In the Know!

LTaB meets every Tuesday from 3:15 - 5:00 in Room 208. Develop your writing skills and share your experiences in this safe environment.

Science club will be meeting today in room 241 at 3:15. We will be competing in a paper tower physics challenge and discussing our plans for science olympiad competition!

Boys' Basketball Conditioning is happening Wednesday's in the weight room after school. See you there!

Girls Basketball conditioning Tuesday's and Thursday's after school.

No school on Friday this week. Teachers have a curriculum day and will be in training.

The first DECA and FBLA meeting will be on Thursday the 30th right after school in room 207. The meeting will last about 30 minutes. Anyone interested in anything business, show up!

College visits this week:

Wednesday Sept 29th Wayne State College 9:30 am. Please sign up in the GRC

Attention Viking families, students that are planning to attend the North vs. Central game on Friday, October 1st must have their student ID or signed documentation from their administrator. Without either of these documents' students will not be able to attend this game. Please note that for this game only students that attend North and Central may attend. Students from other Omaha Public Schools as well as other districts will not be able to attend. To ensure a safe and enjoyable environment this procedure will be followed. Please note the game time has been changed to 5:00 p.m. Thank you for your cooperation.

V-up!

V-up! Good morning North High School!

Date: Wednesday, September 29, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - Cheese Breadsticks with Pasta Sauce*Chicken Nuggets and a *Tea Roll*Steamed Carrots *Baked French Fries

Weather – Sunny high of 87 today.

Good News!

30 days to say yay! Ms. Visocky is a wonderful resource for our school. She is very helpful with our students and families in need of assistance and additional resources that are available in the community. She meets with students and families about a variety of reasons ranging from mental health, parenting, attendance issues, behavior issues, TeamMates mentoring, and distributing donated items (water bottles, hygiene boxes, gift cards, and so much more). She steps in to help with ACP students, SATs and 504 plans, hallway and cafeteria supervision, home visits, and so much more. She also is an important part of my support system as well as many other colleagues of ours. For all these reasons and more, she was the first person I thought of when I saw this nomination form. Thank you, Ms. Visocky!!!

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
6:30am- 7:20am	Boys Basketball	MPC
7:30am- 11:00am	College Visits - Bryson	142
3:15pm- 4:15pm	BSLC Meeting	070
3:15pm- 4:45pm	Soccer	040
	Boys conditioning	
4:00pm	Tennis: Boys Varsity Match	vs. Benson High School @ Fontenelle Tennis Courts
5:30pm	Football: Freshman Game	vs. Omaha Northwest High School @ Omaha Northwest High School

In the Know!

No school on Friday this week. Teachers have a curriculum day and will be in training.

Next week we are holding our annual Apply to College Week. This event will be held in the Media Center on Monday, Tuesday, and Wednesday. We use this a time to get our seniors started on the

college/scholarship application process. Seniors will be coming to the Media Center, where counselors will walk them through several "stations" that are crucial to the college going process.

The first DECA and FBLA meeting will be on Thursday the 30th right after school in room 207. The meeting will last about 30 minutes. Anyone interested in anything business, show up!

College visits this week:

Wednesday Sept 29th Wayne State College 9:30 am. Please sign up in the GRC

The GSA will have our weekly meeting at 3:15 in room 343. We will be discussing leadership roles in the club, and ways we can get involved with October festivities.

Attention Viking families, students that are planning to attend the North vs. Central game on Friday, October 1st must have their student ID or signed documentation from their administrator. Without either of these documents' students will not be able to attend this game. Please note that for this game only students that attend North and Central may attend. Students from other Omaha Public Schools as well as other districts will not be able to attend. To ensure a safe and enjoyable environment this procedure will be followed. Please note the game time has been changed to 5:00 p.m. Thank you for your cooperation.

Dad Jokes.

V-up!

V-up! Good morning North High School!

Date: Thursday, September 30, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch - *Mini Corn Dogs**Pork Tenderloin Sandwich*Potato Smiles*Golden Corn

Weather – Chance of rain most of the day, high of 77.

Good News!

Congratulations to the varsity boys tennis team for their win over Benson.

Match highlights.

Singles victories by

Andrew Bartsch

Tommy Phan

Derek Incontro

Doubles victories by

Josh Bartsch/ Mathieu Marcoux

Derek Incontro/ Max Bolouvi

Congratulations to the Freshman football team on their 52-0 victory over Omaha Northwest last night. The Viking offense was led by Austin Townsend and Ronald Stark who both had 2 touchdowns. Nate Collins, Kevin Robinson, and Jacob Markham each had a touchdown. Defensively the freshman shut down the Husky offense for the first shut out of the year. The freshman will be at home next Thursday against Omaha Bryan.

30 ways to say YAY – today we want to recognize Ms. Franks in our main office who is the Principal’s secretary and Office Manager. Ms. Franks takes care of payroll, helps with organizing assemblies, ceremonies, and public events, is the building key master, and your awesome “go to” for most anything North High related. She always has an answer and willing to go the extra mile for all students and staff. Thanks Ms. Franks for all you do.

Activities/Athletics:

3:05pm- 5:00pm	Partnership for Our Kids	165
3:15pm- 4:45pm	Boy's Basketball	MPC
	Workouts	
3:15pm- 4:30pm	Girl Basketball	MPC more..
	Conditioning	
4:00pm- 6:00pm	Football	070

4:00pm	Tennis: Boys JV Match	vs. Omaha South High School @ Fontenelle Tennis Courts
4:00pm	Tennis: Boys Varsity Match	vs. Omaha Roncalli Catholic @ Orchard Park
4:00pm	Volleyball: Girls Freshman Match	vs. Omaha Benson @ Omaha Benson High School
4:00pm	Volleyball: Girls Reserve Match	vs. Omaha Benson @ Omaha Benson High School
5:00pm	Softball: Varsity Game (Time Changed) Senior Night	vs. Millard North @ Fontenelle Park
5:00pm	Volleyball: Girls JV Match	vs. Benson High School @ Omaha Benson High School
6:00pm	Volleyball: Girls Varsity Match	vs. Omaha Benson @ Omaha Benson High School

Friday, October 1, 2021

Time	Event	Details
7:30am-11:00am	College Visits - Bryson	142
3:00pm- 6:00pm	Football	070

Time	Event	Details
3:30pm	Cross Country: JV Millard West Invitational	vs. Millard West @ Walnut Grove Park
3:45pm	Cross Country: Varsity Millard West Invitational	vs. Multiple Schools.. @ Walnut Grove Park
5:00pm	Football: Varsity Game	vs. Omaha Central @ Kinnick Stadium Omaha Northwest
(Time Changed)		

Saturday, October 2, 2021

Time	Event	Details
8:00am	Volleyball: Girls Reserve Omaha North Invitational	vs. Multiple Schools.. @ Omaha Burke High School

In the Know!

No school on Friday this week. Teachers have a curriculum day and will be in training.

College Possible and we will be tabling/recruiting at Omaha North High TODAY during lunchtime. Juniors and seniors that we will be recruiting in case they would like to come to our table at lunch – likely in the Viking Center.

Next week we are holding our annual Apply to College Week. This event will be held in the Media Center on Monday, Tuesday, and Wednesday. We use this a time to get our seniors started on the college/scholarship application process. Seniors will be coming to the Media Center, where counselors will walk them through several "stations" that are crucial to the college going process.

The first DECA and FBLA meeting will be TODAY right after school in room 207. The meeting will last about 30 minutes. Anyone interested in anything business, show up!

Students needing an activity card or a photo id, we have a machine on order to do this. Please wait for announcements and instructions on how to proceed. Once the machine and camera are here, we will get these to you!

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Funny Pun Friday.

V-up