

## Monday, February 22nd, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 45! Welcome to Nebraska – 8 inches of snow, and then 45!
- Black History Month:
- Activities/Athletics: Tyler Stewart was the State Champion for 220 pounds!

Saturday, February 20, 2021

- Any girls interested in Tennis – please email coach [Bryson.wiser@ops.org](mailto:Bryson.wiser@ops.org) Get involved – V-up!
- Anyone interested in playing baseball this spring needs to email Coach Janecek at [eric.janecek@ops.org](mailto:eric.janecek@ops.org).”
- Girls Soccer – It’s that time to sign up for girls soccer. Go to the [OmahaNorthVikings.com](http://OmahaNorthVikings.com) – click on spring sports, click on Girls Soccer, then fill out the registration form. Coaches for Girls Soccer will be in touch with you!

Crunktastic 90’s slang: Today’s word – I’m Totally Buggin’. In 90s speak, one was not freaking out. Instead, they were totally buggin. For instance, you might say, “I’m totally buggin’! We’ve got a State Wrestling Champion walking our halls.”

Omaha North’s Science Bowl teams competed in Eastern Nebraska’s regional event last weekend. Eighteen teams from eastern Nebraska participated in the online competition. Both teams from North advanced into the elimination rounds. Team 2--Anne Rogers, Legacy Durham, and Ashley Henkel finished in the top eight teams. Team 1-Peter Sukstorf, Sneha Sengupta, Zack Alhejaj, Jackson Hatcher--advanced to the round of 4, and finished 3rd place behind Lincoln East and Brownell-Talbot.

North’s team is growing and welcomes students interested in building on this year’s success. Ask your science teacher about joining North’s science bowl team--we’re reloading and getting ready for next year!

### Expectation Review:

- Lunch periods – be in the cafeteria and the Viking Center
- Restrooms are near the areas where you eat
- You get one lunch. Thank you for adhering to our societal norms.

HEY SENIORS: We are doing a Kahoot game that has fun questions and also questions about North. It is this Friday (February 19) at 7pm. We will send out a teams link to all the seniors via email. There will also be prizes for the three winners. Thank you in advance!

PROM for Juniors and Seniors: Outdoor Prom is currently scheduled to be Saturday, May 8 – 6 to 10 PM. This will be a free event for juniors and seniors and their dates who are in-person learners by March 15th. Student-dates from other OPS schools will be allowed using our typical approval form. Masks will be required, and food is being provided. More details to come for this excited event!

Picture retakes are going to be on ONE day: Tuesday, March 16<sup>th</sup>.

**Tuesday, February 23rd, 2021:**

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 50! ...Melt Melt Freeze Freeze oh I better be careful with these
- Black History Month:
- Activities/Athletics:

3:15pm- 5:00pm

[Track conditioning](#)

INDOOR TRACK more..

- Anyone interested in playing baseball this spring needs to email Coach Janecek at [eric.janecek@ops.org](mailto:eric.janecek@ops.org).
- Girls Soccer – It's that time to sign up for girls soccer. Go to the [OmahaNorthVikings.com](http://OmahaNorthVikings.com) – click on spring sports, click on Girls Soccer, then fill out the registration form. Coaches for Girls Soccer will be in touch with you!

HEY SENIORS: We are doing a Kahoot game that has fun questions and also questions about North. It is this Friday (February 25) at 7pm. We will send out a teams link to all the seniors via email. There will also be prizes for the three winners. Thank you in advance!

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Need a late bus? Hit the QR code above a water fountain by 1PM. If there are no riders, we cancel the bus.

Before school tips:

- Watch out coming back into the building

After school tips:

- Buses could be late because of snow removal issues or other weather related issues
- Please listen for bus changes and get to your bus quickly. Wheels roll at 3:10 sharp
- It may be quicker to meet at the Y, at Skinner, or in the lower East lot.

### Wednesday, February 24, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 40! ...Melt Melt Freeze Freeze oh I better be careful with these
- Black History Month:
  - Jambo.! Free candy free candy!  
Black Student Leadership Council is hosting our spirit week this week! Do you want a chance at a pre-wrapped candy giveaway on Friday?
  - For the week, Change your social media profile pic to a to an elder or ancestor in Black history. Keep it up all week.
  - Wednesday dress up like a professional in honor of black excellence day and take a picture.
  - On Thursday take a picture of yourself dressed up in your funky Soul Train threads.
  - Friday is Black Friday so rock your black. Send your pics to Mr. Jackson for a chance to win free candy!  
He will be handing out pre-wrapped candy on Friday after school In the front of the building. Again, send your pictures to his email at [john.jackson@ops.org](mailto:john.jackson@ops.org).

#### • Activities/Athletics:

3:05pm-  
4:30pm

[Basketball practice](#)

070

3:15pm-  
5:15pm

[Soccer](#)

Old Gym

*Soccer conditioning*

6:00pm-  
7:30pm

[Baseball open gym](#)

Old Gym

7:15pm

[Basketball: Boys Freshman A Creighton Prep Invitational](#)

vs. Omaha Benson

@ [Creighton Prep High School](#)

*Win-play Thu 2-25 @ 7:15 at Prep*

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- Girls Soccer – It's that time to sign up for girls soccer. Go to the [OmahaNorthVikings.com](http://OmahaNorthVikings.com) – click on spring sports, click on Girls Soccer, then fill out the registration form. Coaches for Girls Soccer will be in touch with you! They will start indoor training on Wednesday and Thursday, meeting outside the weightroom at 3:15.
- Attention ALL students that are interested in spring athletics, if you have not submitted your athletic paperwork, you can do so before and after school. If you already turned in paperwork for fall and winter athletics you should already be on the approved list. Names of students that are already approved will be shared with spring coaches. For those that have not turned in paperwork please take care of this as soon as possible. Spring Athletics begins Monday, March 1st.

- DAD JOKE WEDNESDAY!

- What do you call a dinosaur that's also a towel? A dry-ceratops
- Why was the robot so tired after his road trip? He had a hard drive.
- Why don't fish pass their exams? Because they work below C-level.
- What do you call a dog with a metal detector? A gold retriever.

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## Thursday, February 25, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 42! ...Melt Melt Freeze Freeze oh I better be careful with these
- Black History Month:
  - Jambo.! Free candy free candy!  
Black Student Leadership Council is hosting our spirit week this week! Do you want a chance at a pre-wrapped candy giveaway on Friday?
  - For the week, Change your social media profile pic to a to an elder or ancestor in Black history. Keep it up all week.
  - Thursday take a picture of yourself dressed up in your funky Soul Train threads.
  - Friday is Black Friday so rock your black. Send your pics to Mr. Jackson for a chance to win free candy!  
He will be handing out pre-wrapped candy on Friday after school In the front of the building. Again, send your pictures to his email at [john.jackson@ops.org](mailto:john.jackson@ops.org).
- Activities/Athletics:  
Tomorrow and Saturday are State Swimming for our girls and boys teams. In case you all are on the road, we want to wish you a hearty and happy Good luck and V-up!

3:15pm- 5:15pm

[Soccer](#)

Old Gym

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*Soccer conditioning*

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3:15pm- 5:00pm

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- Anyone interested in playing baseball this spring needs to email Coach Janecek at [eric.janecek@ops.org](mailto:eric.janecek@ops.org).
- Girls Soccer – It's that time to sign up for girls soccer. Go to the [OmahaNorthVikings.com](http://OmahaNorthVikings.com) – click on spring sports, click on Girls Soccer, then fill out the registration form. Coaches for Girls Soccer will be in touch with you! They will start indoor training on Wednesday and Thursday, meeting outside the weightroom at 3:15.
- Attention boys interested in playing golf, there will be a brief meeting at 3:15 after school on Monday, March 1st in the lower southeast parking lot outside of the MPC. Use the outside stairwell to access the parking lot for this meeting.
- Attention ALL students that are interested in spring athletics, if you have not submitted your athletic paperwork, you can do so before and after school. If you already turned in paperwork for fall and winter athletics you should already be on the approved list. Names of students that are already approved will be shared with spring coaches. For those that have not turned in paperwork please take care of this as soon as possible. Spring Athletics begins Monday, March 1st.

February is Career and Technical Education month. As you register for classes, remember:

- Top 5 industries for "good jobs" that pay a median income of \$55k without a bachelors degree are management, production, office and administrative support, sales and construction and extraction. All CTE fields
- Community partnerships are available where you get experience and credit to prepare yourself for CTE field. See your counselor for more information or

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## Friday, February 26, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 48! ...Melt Melt Freeze Freeze oh I better be careful with these.
- Black History Month:
- Jambo.! Free candy free candy!
- For the week, Change your social media profile pic to a to an elder or ancestor in Black history. Keep it up all week.
- Today is Black Friday so rock your black. Send your pics to Mr. Jackson for a chance to win free candy! He will be handing out pre-wrapped candy on Friday after school in the front of the building. Again, send your pictures to his email at [john.jackson@ops.org](mailto:john.jackson@ops.org).

### · Activities/Athletics:

Today and Tomorrow are State Swimming for our girls and boys teams. In case you all are on the road, we want to wish you a hearty and happy Good luck and V-up!

Saturday, February 27, 2021

### TIME EVENT DETAILS

4:00pm Basketball: Boys Varsity District vs. Millard West @ Millard West High School

- Girls Tennis practice starts Monday. After you have turned your paperwork to get cleared to play, come to room 361. We will be there. Start time 3:30. Coaches Wisner and Muroski.
- Anyone interested in playing baseball this spring needs to email Coach Janecek at [eric.janecek@ops.org](mailto:eric.janecek@ops.org).”
- Girls Soccer – It’s that time to sing up for girls soccer. Go to the [OmahaNorthVikings.com](http://OmahaNorthVikings.com) – click on spring sports, click on Girls Soccer, then fill out the registration form. Coaches for Girls Soccer will be in touch with you! They will start indoor training on Wednesday and Thursday, meeting outside the weightroom at 3:15.

- Attention boys interested in playing golf, there will be a brief meeting at 3:15 after school on Monday, March 1st in the lower southeast parking lot outside of the MPC. Use the outside stairwell to access the parking lot for this meeting.
- If anyone is interested in joining the Omaha North Mountain Bike Team, please email Mr. Skradski so he can add you to the Mountain Bike Teams page. We will begin practicing after spring break. There are no tryouts, and no previous Mountain bike experience is required. We will have a virtual informational meeting on Teams after Spring break. Details will be available when you are added to the Teams page.
- Attention ALL students that are interested in spring athletics, if you have not submitted your athletic paperwork, you can do so before and after school. If you already turned in paperwork for fall and winter athletics you should already be on the approved list. Names of students that are already approved will be shared with spring coaches. For those that have not turned in paperwork please take care of this as soon as possible. Spring Athletics begins Monday, March 1st.
- Please join LTaB on today from 4:30 to 5:30 to work with teaching artists from the Nebraska Writers Collective to share your poetry and improve your writing skills. Even if you cannot attend, you may participate by posting your work via TEAMS for comments. Please contact [elizabeth.johnson@ops.org](mailto:elizabeth.johnson@ops.org) for more information.
- Crunktastic 90's slang – “Whats the 411?” Do you want to know the hot gossip? Well, just ask, “What’s the 411?” It’s also the title of a Mary J. Blige album released in 1992.

Drills next week for school. This could/may include Shelter, Fire, and Lockdown drills. Your teachers will give you more info later.

PROM for Juniors and Seniors: Outdoor Prom is currently scheduled to be Saturday, May 8 – 6 to 10 PM, and it will be held at the Capitol District Outside. This will be a free event for juniors and seniors and their dates who are in-person learners by March 15th. Student-dates from other OPS schools will be allowed using our typical approval form. Masks will be required, and food is being provided. More details to come for this excited event!

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