

V-up! Good morning North High School!

Date: Tuesday, November 2, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Welcome our special guests if they are in the building for NCPA this morning. Dr. Cheryl Logan and Chancellor Green from the University of Nebraska. Welcome to North High, the place to be, and V-up!

Lunch – Cheese pizza, cheesy dog, chili cheese dog, or a hot dog

Weather – Partly sunny, high of 63 with a light breeze

Good News!

Congratulations to your North High Viking Football Team as they defeated the number 1 ranked, undefeated Patriots from Millard South Friday Night with a score of 49 to 42. This is the first time in state history a 16 seed team has defeated a 1 seed team in NSAA history. The Vikings will play in North Platte on Friday with a 6:30 kickoff. If you plan to attend, note the drive time there and back that will be involved. We hope to see as many fans as possible, and know the entry to the game will be \$5 for students and \$6 for adults.

Congrats Robotics! Team 1064A & G did extremely well at the Robotics tournament at Omaha South over the weekend.

Losing in the quarterfinals. Top placing OPS teams.

The students, coaches, and parents stayed until the tournament was over to assist with tear down and loading of the robotics tournament equipment.

North students continue to assist at every tournament, even those at other schools.

Activities/Athletics:

10:00am- 11:00am	UNL Chancellor visit	070
	<i>NCPA</i>	
12:21pm- 12:51pm	BSLC Meeting	070
3:05pm- 5:00pm	Partnership for Our Kids	165
3:15pm- 4:15pm	CRU	202
3:15pm- 5:00pm	DEBATE PRACTICE	070
3:15pm- 4:30pm	Girl Basketball	MPC more..
	<i>Conditioning</i>	
3:15pm- 5:00pm	Poetry	208

3:30pm

Unified Bowling: Varsity Match

vs. Omaha Central

@ Maplewood Lanes

In the Know!

Pre-Thanksgiving Wellness Tip!!

How would you like to eat all you want at Thanksgiving dinner and weigh what you do today?

Create a calorie deficit by exercising to burn off extra calories before you ever indulge in your favorite foods.

Eating less and exercising more before that big feast is the winning formula to prevent weight gain during the holidays.

Increase your steps or lengthen your fitness routine in the weeks ahead and especially the day of the feast.

Make fitness a family adventure! Get your steps in and start today!!

There will be Boys and Girls wrestling conditioning right after school, meet at the locker rooms!

The Outdoor Club's next meeting will be afterschool, TODAY, in room 314. All are welcome to join."

Seniors – don't forget that senior photos are due to Thanksgiving. Send them to northyearbook@ops.org. Remember to follow guidelines for the photos.

Boys and Girls athletes get your physicals turned in and get their paperwork turned into the athletic office. A reminder from Mr. Leichti.

SkillsUSA will have a meeting Thursday after school in room 130. We will be electing officers for the year. If you are interested in being an officer, please let Mr. Wiemer or Ms. Runyon know before the meeting

No School for students on Monday. Please don't come to school – no one will be here. Be safe over Halloween.

V-up

V-up! Good morning North High School!

Date: Wednesday, November 3, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch – Fish Wedge Sandwich or Pizza

Weather – Cloudy, high of 48 today

Good News!

The Vikings will play in North Platte on Friday with a 6:30 kickoff. If you plan to attend, note the drive time there and back that will be involved. We hope to see as many fans as possible, and know the entry to the game will be \$5 for students and \$6 for adults. Check the North High facebook page for a way to get a ride to the game. Each seat is available for \$40.

Activities/Athletics:

3:15pm- 4:45pm	Boy's Basketball	MPC
3:15pm- 4:15pm	BSLC Meeting	070
3:15pm- 4:45pm	Soccer	040
	<i>Boys conditioning</i>	

In the Know!

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Dad Jokes

V-up

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Date: Thursday, November 4, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch – Cheeseburger, Hamburger, or Oven baked fiery chicken

Weather – Cloudy, high of 55 today

Good News!

The Vikings will play in North Platte on Friday with a 6:30 kickoff. If you plan to attend, note the drive time there and back that will be involved. We hope to see as many fans as possible, and know the entry to the game will be \$6 for students and \$8 for adults. Check the North High facebook page for a way to get a ride to the game. Each seat is available for \$40.

Activities/Athletics:

3:15pm- 4:45pm	Boy's Basketball	MPC
3:15pm- 4:30pm	Girl Basketball	MPC more..
	Conditioning	
3:15pm- 6:15pm	Robotics	141
	HS League competitions	
5:00pm- 8:30pm	8th Grade STEM Workshop	133 more..
5:30pm- 7:30pm	NCPA Financial Aid Night	070 more..

In the Know!

Dr. Nero – and being apart of the family

There is a bus for the North/North Platte game that is available at this time. The cost is \$40 and is available to anyone who can is interested. Please see the North High Facebook page for more information.

Outdoor Club, see Ms. Alati before November 8th for a permission slip to join our November 13th hike at Platte River State Park. Also, plan to join us for our next meeting, afterschool on Monday, December 6th in room 314.

Seniors,

The Susan Thompson Buffett Scholarship is now open online.

This is due Feb 1st

If you have over a 2.0 gpa, you are welcome to apply.

Contact your school counselor with questions

Couple of late bus reminders: You have to sign up each day for it by 1:00 PM using the QR, and please use your name as it is on infinite campus on the form. The bus departs North each day by 5:15.

A week from today, Shrek the Musical Opens and runs next week November 11th and 12th at 7 PM and November 13th at 2 PM. Pre-order tickets for \$10 using the QR. At the door, tickets are \$15 for adults and \$12 for students. You don't want to miss it! We are looking forward to bringing the swamp and duloc to life. 'That'll do donkey, that'll do'.

Shoutout to Mr. Stanton as he works to update the TV screens in the Haddix on all floors with announcements, KUDOS, and reminders. If you're not sure about something or are looking for content, see the TV's in the Haddix Center! Thank you Mr. Stanton!

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V-up

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Date: Friday, November 5, 2021

Please stand as we recognize the rights and sacrifices of all humans as we say the pledge of allegiance.

Lunch – Cheese pizza, cheesy dog, chili cheese dog, or a hot dog

Weather – Partly Cloudy, high of 63 today

Good News!

The Vikings play in North Platte TODAY with a 6:30 kickoff. If you plan to attend, note the drive time there and back that will be involved. We hope to see as many fans as possible, and know the entry to the game will be \$6 for students and \$8 for adults. The fan bus is full – with maybe...maybe one seat left. See Officer Tapp if you'd like the last seat.

Activities/Athletics:

6:00am- 7:00am	Swimming conditioning	WEIGHT ROOM
7:30am- 11:00am	College Visits - Bryson	142
6:30pm	Football: Varsity Quarterfinal Round Playoffs	vs. North Platte @ North Platte High School

<https://northpl...ve-streams>
Radio Broadcast: KOOQ AM (98.1 FM / 1410 AM)

TIn the Know!

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Funny Pun Friday

V-up

I had a crazy dream last night! I was swimming in an ocean of orange soda. Turns out it was just a Fanta sea.

Ladies, if he can't appreciate your fruit [jokes](#), you need to let that mango.

I went to the seafood disco last week. Pulled a mussel.

My grandpa has the heart of the lion and a lifetime ban from the zoo.

Yesterday, I accidentally swallowed some food coloring. The doctor says I'm okay, but I feel like I've dyed a little inside.