

Monday, March 1st, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.
- Weather: Sunny with a high of 40!
- Activities/Athletics:
 - This past weekend the Viking swim team finished in historic fashion. The Girls team led by Lauren Sitzman, Vienne Kemper, Teresa Gibbons, Molly Burk and Sofia Acosta had the highest placing in the Medley Relay since 2006 and a top 16 finish in the 100 backstroke from Lauren Sitzman who posted the 3rd fastest time in North history.
 - The boys team set 5 new school records and set a new highest state point total.
 - (New School Records and placements)
 - Boys 200 medley relay and 200 Free Relay placed 4th and 5th respectively, led by Nate Schlader, Davion Scott-Bell, Caiden Williams, and Ben Mills. Both New school records and the highest finish ever for the Medley Relay.
 - New School Record in the 200 Individual Medley by Davion Scott Bell
 - School Record and top 16 Finish from Ben Mills in the 200 Free, Ben also finished 7th overall in the 100 free bringing home North's first individual medal since 2007
 - Top 16 finish from Caiden Williams setting a new school record in the 100 Fly and top 16 finish by Davion Scott Bell in the 100 Breast posting the second fastest time for a North Swimmer.
 - Finally the north boys team finished with the most invitationals ever won in a season.
 - Baseball will be at the softball field today. It is going to be chilly so make sure you have warm clothes. See Coach Janecek if you have any questions.
 - If anyone is interested in joining the Omaha North Mountain Bike Team, please email Mr. Skradski so he can add you to the Mountain Bike Teams page. We will begin practicing after spring break. There are no tryouts, and no previous Mountain bike experience is required. We will have a virtual informational meeting on Teams after Spring break. Details will be available when you are added to the Teams page.

Drills next week for school. This could/may include Shelter, Fire, and Lockdown drills. Your teachers will give you more info later.

PROM for Juniors and Seniors: Outdoor Prom is currently scheduled to be Saturday, May 8 – 6 to 10 PM, and it will be held at the Capitol District Outside. This will be a

free event for juniors and seniors and their dates who are in-person learners by March 15th. Student-dates from other OPS schools will be allowed using our typical approval form. Masks will be required, and food is being provided. More details to come for this excited event!

Picture retakes are going to be on ONE day: Tuesday, March 16th.

Tuesday, March 2nd, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.

- Weather: Sunny with a high of 60!

- Activities/Athletics:

3:05pm- 5:00pm Soccer MPC

Boys / Girls

3:15pm- 6:00pm Baseball (Cancelled) Old Gym more..

3:15pm- 5:00pm Track Practice INDOOR TRACK more..

3:30pm- 7:00pm Baseball Practice Old Gym more..

6:30pm- 8:30pm Trail Blazers (Cancelled) Aux gym more..

- Baseball will be in the old gym today at 3:45. Get there early to help set up.

- Girls Soccer training has started, and you can join in on the fun of playing for the High School team this season. Love to see you at our training sessions starting at 3:15 daily, if you have any questions contact Coach Stanton or go to the electronic form on the Omaha North Vikings web page, click Spring Soccer then click the form. Last thing get your athletic paperwork from the athletic office window main hall.

- All athletes and activity folks – you must sign up for the late bus each day if it's needed by 1 PM.

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PROM for Juniors and Seniors: Out of school date forms are available after spring break.

Drills for this week. This could/may include Shelter, Fire, and Lockdown drills. Your teachers will give you more info later.

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Wednesday, March 3rd, 2021:

- At this time, please join me as we recognize the rights and sacrifices of all citizens, we will say the Pledge of Allegiance.

- Weather: Sunny with a high of 60!

- Activities/Athletics:

Girl's tennis is in the MPC from 3:30-5 pm this week. If you need a late bus, please sign up by 1.

- Baseball will be in the old gym today at 3:45. Get there early to help set up.

- Girls Soccer training has started, and you can join in on the fun of playing for the High School team this season. Love to see you at our training sessions starting at 3:15 daily, if you have any questions contact Coach Stanton or go to the electronic form on the Omaha North Vikings web page, click Spring Soccer then click the form. Last thing get your athletic paperwork from the athletic office window main hall.

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Dad-joke Wednesday:

What does a cloud wear under his raincoat? Thunderwear

How much does a hipster weigh? An Instagram

Why did the large bucket thing the small bucket was sick? It was a little pail.

Why did the Scottish man have plumbing issues? He only had bagpipes.

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Thursday, March 4th, 2021:

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- Weather: Sunny with a high of 60!

- Activities/Athletics:

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Baseball will be in the old gym today at 3:45. Get there early to help set up. Baseball players need to check their school email for the Team's link for the parent meeting tonight at 6:00. If you do not have the link, see Coach Janecek.

- Girls Soccer training has started, and you can join in on the fun of playing for the High School team this season. Love to see you at our training sessions starting at 3:15 daily, if you have any questions contact Coach Stanton or go to the electronic form on the Omaha North Vikings web page, click Spring Soccer then click the form. Last thing get your athletic paperwork from the athletic office window main hall.

- If your interested in joining the boys soccer team come to field after school today or contact Mr. Koch or Mr. Alsaadi.

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The next French Club meeting will be held via Teams on March 15th at 3:45. We will be discussing March's dish, gato sal-ay, Salty Cake, and updating the French Club cabinets in the Mail.

North High will be a Douglas County Educators Vaccination site on Saturday. Campus will have extremely limited activity Saturday from 6 AM to 6 PM. We appreciate everyone's cooperation with this request, and are proud to host such an important event for our community. Please contact Dr. Walters with questions, comments or concerns.

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Fire Drill today in just a couple of minutes, teachers, please provide information to your students now about where they would go, and why. Thank you.

Friday, March 5th, 2021:

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- Activities/Athletics:

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Retro Rewind 90's word of the day. Today's word is "phat". If something was super cool, then it is known as being phat. "It is so phat that so many teachers are getting vaccines tomorrow at North High." "true dat"

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